

**Rich Kay** is the Director and Senior Trainer of Modern Combatives, a provider of operational safety training to the public safety community. Rich spent time in the Australian military, has extensive experience as a private security contractor, and has studied martial arts and combative systems since 1984. In 2001 he attained the prestigious ASP Trainer Certification for law enforcement use of force training, and served on the ASP International Board of Examiners from 2011-2017. He travels overseas regularly to for professional development on an international scale, liaising with public safety personnel from America, Asia, Europe and Australasia. Internationally to date, he has instructed in Belgium, USA, Portugal, Hong Kong, Spain and New Zealand, and conducts regular programs across Australia for public safety personnel.

Rich has designed and implemented critical incident response programs for health and community services and personal security courses for civilians. He has consulted to organisations regarding safety for high risk staff, conducted security escorts for personnel at risk, and has provided opinion for investigations and legal cases involving operational response and training, and maintains close links with regulatory bodies for regulations and training. He is a contributor of articles on operational safety, tactical responses, training methodology, personal security, interpersonal conflict and aggression management, and author of *The Operational Safety Handbook*, *The Personal Safety Handbook* and *The Healthy Living Handbook* and co-author of *The Living Bubishi Karate Handbook*.

Rich is also Director and Principal Trainer of Sentinel Training, a provider of training solutions to the business community. He ran a successful RTO for 16 years (Dynamic Training 6030; sold 2014).



## Qualifications

- Degree: Bachelor of Science (Biology)
- Diploma: Training & Assessment Systems, Frontline Management, Security Management
- Certificate IV: Assessment & Workplace Training, Security Operations
- Certificate II, III: Security Operations
- Certificate: Workplace Leadership, Workplace Training, Quality Systems, Advanced Communication

## Certifications

- ASP Trainer (Baton, Handcuff, Flashlight)
- Operational Safety Instructor-Trainer (Defensive Tactics, Firearms, Reality-Based Training)
- PPCT Instructor (Defensive Tactics, Spontaneous Knife Defence, Violent Patient Management)
- SIG SAUER Instructor (Less Lethal (OC/CS Spray), Low Light Shooting)
- Force-on-Force Simulation Safety Instructor
- Centurion Control Stick Instructor
- Simunition Safety Supervisor
- Systema Instructor
- SIG SAUER Tactical Shooting (CQC, Low Light)
- Israeli Combat Point Shooting
- Advanced Pistol (Practical, Dynamic, Combat, Tactical)
- Close Protection
- Tactical Driving
- Armed Escort
- Personal Screening & Weapons Detection
- Urban Blade Street Survival
- Emergency First Aid
- Sports Trainer Level 1
- Urban Warfare (MOUT)
- Security Supervisor
- Security Instructor
- NASDS Open Water Diver
- APF Skydive Certification (A license)

## Training Experience

- Operational Safety (Unarmed Defence & Control, Handcuff, Baton, OC Spray, Firearm, RBT)
- Personal Security (Safety Awareness, Self-Protection Strategies, High Risk Threats)
- Security Operations (Unarmed & Armed Security Guard, Crowd Control, Bodyguard)
- Emergency Management (Fire, Bomb Threat, Evacuation)
- Armed Robbery Prevention
- Screening & Weapon Detection
- Loss Prevention
- Crime Scene Management
- Workplace Safety
- Anti-Terrorism Awareness
- Canine Awareness
- Infectious Disease Awareness
- Surveillance & Anti-surveillance
- Interpersonal & Tactical Communication
- Conflict & Aggression Management
- Critical Incident Response
- Stress Management
- Time Management
- Group Dynamics & Teamwork
- Leadership
- Work-Life Balance
- Goal-Orientated Proaction
- Training & Assessment
- Business Development

## Achievements

- 6<sup>th</sup> dan black belt Karate (Japan)
- 3<sup>rd</sup> degree black belt Cloquba Hajutsu (USA)
- Awarded Shidoin international teaching license (Japan)
- Awarded Bubishi karate text (Japan)
- Certified with Japan Goju-Ryu Federation (Japan)
- Chief Instructor Nihon Goshu Karatejutsu
- KBIT School of Business Employee of the Month
- NMIT Certificate of Appreciation Small Business Mentoring
- Member of Victorian Karate Team (ret.)
- Member of The International Law Enforcement Educators & Trainers Association

## Activities

Martial Arts: Karate, Aikido, Tai Chi, Ba Gua, Hsing-i, Qi Gong, Iaijutsu, Bojutsu, Filipino Knife Combat  
Combatives: Systema (Russian Military), Cloquba Hajutsu (US Law Enforcement), Krav Maga (Israeli Military), SAFTA (US Special Operations)  
Military: 5/6 RVR (B Coy Inf, SPT COY Recon); 1 CDOR (2COY Cdo)  
Interests: Cycling, Surfing, Triathlon, Scuba-Diving, Sea-Kayaking, Skydiving, Drumming

## Licenses

Private Security Licence (VIC): Crowd Control, Security Guard, Armed Guard, Bodyguard, Trainer  
Handgun Licence (VIC): Pistol, Revolver, Trainer  
Longarm Licence (VIC): Shotgun, Trainer

## Core Values

Justice, Personal Responsibility, Humanness

## Contact

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