Rich Kay is the Director and Senior Trainer of Modern Combatives, a provider of operational safety training to the public safety community. Rich served in the Australian military, has extensive experience as a private security contractor, and has studied martial arts and combative systems since 1984. In 2001 he attained the prestigious ASP Trainer Certification for law enforcement use of force training, and served on the ASP International Board of Examiners from 2011-2017. He travels overseas regularly to for professional development on an international scale, liaising with public safety personnel from America, Asia, Europe and Australasia. Internationally to date, he has instructed in Belgium, USA, Portugal, Hong Kong, Spain, France and New Zealand, and conducts regular programs across Australia for public safety personnel.

Rich has designed and implemented aggression management programs for health and community services, and personal safety courses for the general public. He has consulted to organisations regarding personal safety in high risk situations, conducted protective security for people at risk, provided opinion for investigations and legal cases involving operational response and training, and was a guest presenter at an international symposium on wearable technology. He has published 100+ articles on operational safety, tactical options, training methodology, personal security, interpersonal conflict and aggression management, and is author of 5 books on operational safety, personal security, healthy living, security operations, modern combatives and co-author of 1 book on karate.



Rich is also Director and Principal Trainer of Sentinel Training, a provider of training solutions to the business community. He ran a successful RTO for 16 years (Dynamic Training; sold 2014).

Qualifications

- Degree: Bachelor of Science (Biology)
- Diplomas: Training & Assessment Systems, Frontline Management, Security Management
- Certificate IV: Assessment & Workplace Training, Security Operations
- Certificate II, III: Security Operations
- Certificates: Workplace Leadership, Workplace Training, Quality Systems, Advanced Communication

Certifications

- ASP Trainer: baton, handcuff, flashlight
- Operational Safety Instructor-Trainer: defensive tactics, firearms, reality-based training
- PPCT Instructor: defensive tactics, spontaneous knife defence, violent patient management
- SIG SAUER Instructor: less lethal (OC/CS spray), low light shooting
- Force-on-Force Simulation Safety Instructor
- JPX Centurion Control Stick Instructor
- Simunition Safety Supervisor
- Systema Instructor
- SIG SAUER Tactical Shooting: CQC, low light
- Israeli Combat Point Shooting
- Advanced Pistol: practical, dynamic, combat, tactical
- Close Protection Operator
- Tactical Driving
- Armed Escort
- Personal Screening & Weapons Detection
- Urban Blade Street Survival
- Emergency First Aid
- Sports Trainer Level 1
- Urban Warfare (MOUT)
- Security Supervisor
- Security Instructor
- NASDS Open Water Diver
- APF Skydive A license Certification

Training Experience

- Operational Safety: unarmed defence & control, handcuff, baton, chemical aerosol, firearm, RBT
- Personal Security: safety awareness, self-protection strategies, high risk threats
- Security Operations: unarmed & armed security guard, crowd control, bodyguard
- Emergency Management: fire, bomb threat, evacuation
- Armed Robbery Prevention
- Screening & Weapon Detection
- Loss Prevention
- Crime Scene Management
- Workplace Safety
- Anti-Terrorism Awareness
- Canine Awareness
- Infectious Disease Awareness
- Surveillance & Anti-surveillance
- Interpersonal & Tactical Communication
- Conflict & Aggression Management
- Critical Incident Response
- Stress Management
- Time Management
- Group Dynamics & Teamwork
- Leadership
- Work-Life Balance
- Goal-Orientated Proaction
- Training & Assessment
- Business Development

Achievements

- 6th dan black belt Karate (Japan)
- 3rd degree black belt Cloguba Haiutsu (USA)
- Awarded Shidoin international teaching license (Japan)
- Awarded Bubishi karate text (Japan)
- Certified with Japan Goju-Ryu Federation (Japan)
- Principal Instructor Nihon Goshu Karatejutsu
- KBIT School of Business, Employee of the Month
- NMIT Small Business Mentor. Certificate of Appreciation
- Member of Victorian Karate Team (ret.)
- Member of The International Law Enforcement Educators & Trainers Association

Activities

Martial Arts: Karate, Aikido, Nei Jia, Iaijutsu, Bojutsu, Saijutsu, Jissen Kobudō, Filipino knife combat Combat Systems: Systema (Russian Military), Cloquba Hajutsu (US Law Enforcement), Krav Maga (Israeli Military), SAFTA (US Special Operations)

Military: 5/6 RVR (B Coy Infantry, SPT COY Recon); 1 CDOR (2COY Cdo)

Interests: cycling, surfing, triathlon, scuba-diving, sea-kayaking, skydiving, drumming

Licenses

Private Security Licence (VIC): crowd control, security guard, armed guard, bodyguard, trainer Handgun Licence (VIC): pistol, revolver, trainer Longarm Licence (VIC): shotgun, trainer

Values

Justice, Personal Responsibility, Humanism

Contact

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