



This training bulletin is provided to prepare candidates for the ASP Instructor Certification program.

Program Details

<u>Certification</u>	<u>Duration</u>	<u>Date</u>	<u>Time</u>	<u>Requirement</u>
ASP Integrated Training System AIC Baton, Handcuff, Flashlight	3 days	8-10 September 2017	0800–1700 hrs	Initial Certification

Course Overview

The ASP Instructor Certification (AIC) program is a 36-hour, hands on seminar which trains participants to instruct classes in operational use of the ASP tactical baton, restraints and flashlight. The program is simple to learn and easy to understand. It provides efficient defensive impact weapon, restraint and flashlight tactics for personnel without long hours of training. The techniques were designed to work effectively for all officers, male and female, large and small, fit as well as officers in less than peak physical condition.

The program provides portation and presentation procedures as well as striking, handcuffing and illumination techniques. These tactics are quickly learned, easily practiced and readily maintained long after the program is completed. ASP training provides techniques that work 90% of the time with 90% of the subjects an officer faces. However, as a realistic training program, ASP instruction recognises that nothing works 100% of the time. For this reason, all ASP training retains the officer's ability to disengage or escalate.

There are no complicated moves. Because of this, the ASP program avoids the training complexities which often plague other programs. The training incorporates drills which stimulate the stress of street encounters. By the end of the AIC program, participants are prepared to instruct other personnel in operational use of the ASP baton, handcuffs and flashlights. The program participant will have a basic understanding of the conditions in which the baton, handcuffs and flashlights may be used, justification for use and how to document these actions.

The principles of human movement form the foundation of ASP Techniques. The ability to use these principles dramatically increases the potential to control a confrontation while decreasing the risk of injury. Gross motor skills offer important advantages - they require less instruction time, reduce refresher time, have a high level of retention, are more likely to be performed during times of high stress and are more forgiving.

Program Standards

The ASP Instructor Certification (AIC) program, like the ASP Basic Certification (ABC) program, is based on modern, court defensible standards for less lethal use of force. Based on a model for the use of force ASP programs provide a conceptual basis for the use of batons, handcuffs and flashlights in an operational setting.

The techniques in all ASP programs are designed to meet 3 standards of training:

- The techniques work on the street, not just in the ideal setting of a classroom
- The techniques are court defensible
- The program is administratively feasible for use in a contemporary law enforcement agency

ASP Basic Certification (ABC) training teaches baton, handcuff and flashlight fundamentals in an operational setting. The AIC program focuses on instructional techniques, mechanical functions and maintenance procedures for the ASP baton, handcuff and flashlight. It increases instructor familiarity and skill with expandable impact weapons, mechanical restraints and portable illumination. Participation in all aspects of the program is a requirement for AIC certification. The nature of tactical training requires strict discipline. Safe training procedures must be followed by all participants.





Instructor Selection Criteria

There are strict requirements on AIC programs for facilities as well as candidate screening. Individuals applying for AIC programs must be affiliated with the public safety system i.e. law enforcement, corrections, government, military or security agencies, or public safety training academies or regional vocations/technical schools that serve the public safety community. It is not acceptable for the individual to have a letter from a martial arts instructor, boxing coach or some other non-public safety organization. It is not ASPs' intent to provide training for martial artists, sports fighters or the general public. Trainers check candidate credentials prior to allowing them to attend a course.

Note: due to the process of coordinating the AIC program with ASP in the US, the closing date is set 7 weeks prior to course commencement to allow time for course resources to be shipped from the US. Candidates wanting to attend the AIC program **MUST** ensure their completed applications and payment are received before the closing date listed on the application form. Applications received after this date will not be included on the Class Participant List sent to ASP.

The following standards are offered as guidelines for the selection of candidates to participate in the AIC program. The final responsibility for selection of instructors rests with the individual or agency.

- No known heart or lung problems, bone or joint disorders, or history of back problems
- Able to perform a 1.6km run in 12 minutes, 25 push-ups and 50 bent leg sit-ups consecutively

To prepare for the AIC program, the following exercises should be undertaken:

- Wrist, elbow, shoulder, leg and back limbering and strengthening
- Aerobic conditioning (fast walking, jogging, running, swimming, bicycling)

A release from liability must be signed by each candidate prior to the training program.

Personal Training Equipment

Only ASP products are used during the AIC program. Course resources and materials are provided by ASP, including an AIC Manual & Paperwork, Lockwrite Pen, Handcuff, Case & Key, Tri-Fold Restraints & Case, Poly Triad CR Flashlight, Tactical Light Case, Scribe AAA and Lapel Pin.

Each candidate is to bring the following:

- Shoes with good lateral/linear support (not running shoes) and **strictly non-marking soles**
- Operational duty attire and equipment belt with ASP baton (*no functional firearms permitted*)
- Whistle, lanyard, water bottle and towel

Content

This program presumes that you have successfully undertaken the ASP Basic Certification (ABC) program, or other equivalent program. ***It is a competency-based program, so mere attendance is no guarantee of certification.*** Instructors must pass a written examination, a physical performance test and a teaching skills evaluation. ASP Instructor status certifies an individual to conduct ABC programs only (not AIC programs). All successful candidates are certified as an instructor through ASP in the US and will receive an instructors' pack from ASP. To maintain certification, instructors should be actively involved in conducting ASP training programs. Recertification for instructors is available through attendance at another AIC program. It is recommended that instructors attend a session at least once every 3 years.

To reserve your place return the completed application form with full payment. Please contact me if you have any questions. I look forward to seeing you on the course.

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