

## Instructor Programs

For those seeking to progress into training or for ongoing professional development, we offer comprehensive instructor certification programs across the entire spectrum of tactical response options.

### Defensive Tactics Instructor

Instructor certifications for:

- Unarmed Defence
- Physical Control
- Handcuff
- Baton
- OC Spray



### Firearms Instructor

Instructor certifications for:

- Handgun (revolver & pistol)
- Longarm (shotgun)

### RBT Simulation Instructor

A unique and innovative certification for reality based force-on-force training. It covers scenario design across the entire force response continuum, safety guidelines, best practice in reality based training systems and extensive simulation practical training.

Instructor programs include:

- Comprehensive Manual
- Instructor Resource CD
- Administrative Documentation

All our programs have a *briefing bulletin* that details course requirements, content and format, and an *application form* with dates, times, location and costs. Successful candidates receive an independent certification (not agency-linked).

For further program information, visit our website.

Take the next step for your career...Enroll today!

training  
without risk...

## Trainer Profile

**Rich Kay** is the Director & Senior Trainer of Modern Combatives, a provider of operational safety training to the public safety community.

He has studied martial & combative systems since 1984, is a certified operational safety instructor-trainer with instructor certifications through ASP, PPCT & SIG SAUER. He has studied Systema (Russian Military), Krav Maga (Israeli Military), Cloquba Hajutsu (US Law Enforcement) & SAFTA (US Special Ops) and is a certified Simunition Safety Supervisor, Force-on-Force Simulation Safety Instructor and Centurion Control Stick Instructor. His martial disciplines include Karate, Aikido, Ba Gua, Hsing-i, Tai Chi, Bojutsu, Iaijutsu and Filipino knife combat. He holds a 6th degree black belt in karate, 3rd degree black belt in Cloquba Hajutsu, is Systema Instructor and the chief instructor of Nihon Goshu Karatejutsu. In 2007 he received a Shidoin teaching license and Bubushi text in Japan and registration with the Japan Goju-Ryu Federation.



Rich has extensive experience in private security operations and spent time in the Australian military. In 2001 he attained the prestigious ASP Trainer Certification for law enforcement use of force training. He served on the ASP International Board of Examiners from 2011-2017 and in 2014 was 1 of the lead trainers at the international ATC in Barcelona. He travels overseas regularly to further his professional development on an international scale, where he liaises with personnel from public safety agencies from America, Europe and Australasia. Internationally to date, he has instructed in America, Belgium, Portugal, Hong Kong and Spain, and regularly conducts programs across Australia for public safety personnel.

Rich has designed and implemented aggression management programs for the health and community services, and personal safety courses for civilians. He has consulted to organisations regarding staff safety in high risk situations, provided opinion for investigations and legal cases involving operational use of force and training, and presented on operational safety at international conferences.

Rich maintains close links with regulatory bodies for regulations and training, and is a regular contributor of articles on operational safety, tactical options, training methodology, personal security, interpersonal conflict and aggression management. He is the author of The Operational Safety Handbook, The Personal Security Handbook, The Healthy Living Handbook, co-author of The Living Bubushi Karate Handbook, and a member of The International Law Enforcement Educators & Trainers Association.

**Modern Combatives**  
REAL Training for REAL Life!

# Operational Safety Training



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# Operational Safety

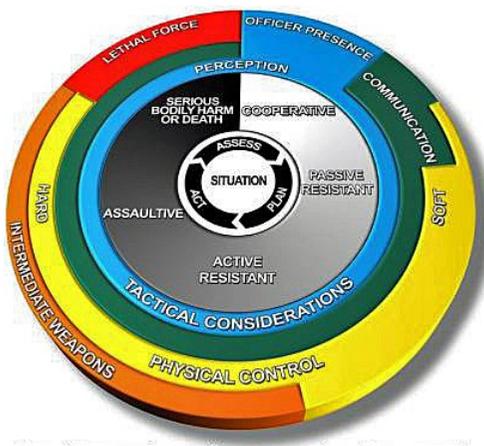
Professional officers operate with *confidence*, which is a product of training and experience. When situations exceed ability, officers can be in jeopardy, physically and legally. Safety is about being prepared for any situation. Our programs empower officers to survive the reality of the operational environment.

Tactical training must fulfill 3 criteria - it must be *simple*, *effective* and *defensible*. Our programs are designed around a singular concept - '*total officer safety*' - and combine what officers '*must do*' with what they actually '*will do*' under the stress of actual confrontation.

These courses will benefit ALL officers, regardless of experience, and progressive organisations serious about the safety and professionalism of officers. Content can be *customised* to suit specific operational requirements, and organisations can request specific 'closed' courses for their staff only. We can also assist with annual re-certifications and provide regular opportunities to further develop officer survival skills in a positive environment with the guidance of qualified, experienced and professional instructors.

Train with confidence. Our programs are designed for Australian operational conditions, using field-proven strategies benchmarked against current international best practice standards for operational use of force, and are fully approved by Licensing Services Division, Victoria Police. Programs include extensive full colour manuals with clear explanations and visuals, providing a valuable reference for officers and organisations.

Be *proactive* about operational safety...enquire today!



# Defensive Tactics

## Unarmed Defence

Covers the use of defensive techniques to protect self and other people, and includes the ability to use force in operational risk situations within applicable legislative requirements.

## Physical Control

Covers the use of empty hand techniques to control non-compliance, and includes a knowledge of arrest procedures and the ability to use force in risk situations within applicable legislative requirements.

## Handcuff

Covers the use of handcuffs to restrain a person, and includes the ability to make sound judgments on the necessity of using handcuffs, restrictions that apply to use, and correct procedures for safe and secure application.

## Baton

Covers the use of a baton to control persons, and includes a knowledge of conflict situations where force may be used, the ability to direct persons within lawful parameters, to present batons confidently, and to use batons to defend self or another.

## Chemical Aerosol

Covers the control of persons using OC spray, and includes a knowledge of conflict situations where force may be used, the ability to carry/present OC, to direct persons within lawful parameters, to deploy OC correctly, appropriate after care and reporting.



# Firearms

## Firearms

Covers the use a firearm to respond to a life-threatening situation. It requires the ability to analyse risk factors, use of force guidelines, reporting procedures and legislative requirements to store firearms and ammunition.

## Handgun Certification

Covers operational qualification for use of a revolver &/or pistol, and includes extensive live fire range training.

## Shotgun Certification

Covers operational qualification for use of a shotgun, and includes extensive live fire range training.

## Practical Firearm Certification

Covers advanced operational strategies for tactical use of firearms, and includes multiple target engagement, fire & movement, cover to cover, dual officers, officer down, firearm retention, primary-secondary weapon transition.



# Simulation Training

The most effective training method available, enabling officers to proactively participate in *reality training*, safely! Simulation training can be adapted to cover most operational scenarios. Enquire today and discover how Simulation training will benefit your organization.

*Real time, real threat...there is no substitute for total realism!*

